



Nature Calls

The Low-Down on Cloth Diapers



Meet Nature Calls

Nature Calls is Alberta's first cloth-diapering service designed by childcare centres for childcare centres. Developed by the team at Wee Wild Ones, Nature Calls was born from the desire to expand our mission, vision, and values into daily practice and taking our commitment to sustainability to the next level.

We're doing our duty to leave this planet better than we found it – making it a place the next generation can proudly inherit. Say goodbye to disposables and hello to a safe, seamless, and sustainable future.





Safety First

Our team has worked alongside Alberta Health Services to develop a rigorous set of Health & Safety practices while creating our cloth diapering program. This includes:

- Sanitary disposal of waste through City of Calgary
- Safe & secure disposal bins
- Secure transportable laundry bins
- Training in Universal Precautions
- Proper sanitization (Children, Staff & Surface Areas)
- Laundering Protocols
- Frequent diaper checks & treatments
- High Efficiency washing machines on site and specific laundering practices that clean diapers while also maintaining their quality (ex. Stripping and bleaching)

Building a Seamless & Sustainable Future

Although recognized for their convenience, disposable diapers have a number of negative impacts. Since its popularity grew in the 1960s in North America, disposable diapers have become one of the largest waste products piling up in our landfills. With approximately 28 million discarded diapers being tossed in landfills each year, each diaper takes roughly 500 years to break down and decompose.

How it Works



Nature Calls is a modern take on old-school techniques. These aren't your great-grandparent's cloth diapers - each one consists of three pieces:

Cover



Photo: @pimpamreusable

A waterproof exterior shell which secures diaper to infant/child. Many different styles are available such as all-in-one, pocket and hybrid.

Insert



Photo: @econaps

An absorbent piece of material placed inside the cover. Many different materials are available such as microfiber, hemp, bamboo and cotton.

Liner



Photo: @cocriando_mujeresenred

A thin disposable sheet of material that holds waste as a protective layer for other cloth pieces. Mainly comes in bamboo materials that are biodegradable, flushable and/or disposable.

A Seamless System

Changing a cloth diaper is very similar to changing a disposable diaper; the main difference is seen within the assembly and removal of waste practice. Here's how we do it at our centres:

- 1 Place a paper towel down onto the changing station before laying and securing the child onto the changing table.
- 2 Disassemble the cloth diaper by pulling the snaps apart, disposing of soiled liner in a securely labelled garbage bin.
- 3 Remove soiled inserts and pocket cover, placing items into a securely labelled laundry bin that is lined with a wet bag/laundry bag.
- 4 Use provided personal wipes, creams and products as needed, disposing of wipes etc. in a securely labelled garbage bin.
- 5 Obtain new cloth diapering pieces and assemble according to the proper fit for the individual, dress the child back into prior clean clothing.
- 6 Sanitize the child's hands and return to the previous activity.
- 7 Sanitize changing stations, staff hands and make sure all necessary items are disposed of in proper places.

Fast Facts

Why Cloth Diapers?

Disposable diapers simply create far too much waste. We are committed to leading the way in sustainability and building a better planet for our little ones to inherit. Making the switch to cloth diapering is one small change that we hope will create a big impact.



Myth Buster

A common critique of cloth diapers is that the amount of energy, water and cleaning products needed to clean them can have a negative impact on the environment. At our centres, we use high-efficiency machines to mitigate this, and the water usage is no greater than the average load of laundry. Overall, we feel confident that the benefits greatly outweigh the negative effects.



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